

TAYLOR MADE

— *a spiritual retreat* —



SOARING TO NEW HEIGHTS

IMPACT REPORT 2023

10930 SW Walker Rd, Beaverton, OR 97005

www.taylormaderetreat.org

A YEAR OF GROWTH

Rising to the Challenge

Dear Friends of Taylor Made,

I want to express my deepest gratitude for your steadfast support. Whether by giving, volunteering, or spreading the word - your support has played an integral role in our journey, and I am thrilled to share the incredible progress we've made.

At the start of this new year, I can't help but look back and see how far we've come since our founding in 2018. The changes have been miraculous - some of which you will see in this report. But what this report can't emphasize enough is the amazing growth and enhanced operational efficiency we've experienced, allowing us to provide even better support to our residents. We've welcomed outstanding new team members, each bringing unique skills and compassion to our community. Our staff is more experienced, better trained and more effective than ever before. We've also received fresh support from influential figures in our community, including a visit from Senator Kate Lieber. As the Senator saw, we've created an environment that fosters growth, healing, and positive transformation for those seeking refuge at Taylor Made Retreat.

The momentum we've gained with your support is truly inspiring, propelling us into a future where we can expand our reach and help even more individuals on their path to recovery. Because of your generosity, we've been able to provide vital financial aid to people who may not otherwise be able to afford treatment. We also have many exciting projects in the works that I can't wait to tell you more about. Your belief in our mission has been a driving force behind our success, and we look forward to continuing this journey together. Thank you for being a crucial part of our community and for making a profound impact on the lives of those we serve.

With heartfelt gratitude,

Lonell MacGregor

The Raven & The Wolf

Added in 2023, this totem pole now welcomes all residents to TMR.

"With 12 steps we have a powerful transformation.

The sobriety of truth, courage, and peace from Wolf; Raven brings light and new beginnings.

We walk out into the world with a shift in perspective. Thank you Raven and Wolf for watching over our house as we heal."

2023 Highlights

66

Residents Served at Taylor Made Retreat

\$166K+

Amount of Scholarship Awarded to Residents

3000+

Hours Served by Volunteers for Taylor Made Retreat

266

Number of AA Meetings Attended by Our Residents



ELEVATING THE EXPERIENCE

In 2023, our residents enjoyed enhanced outdoor spaces with new furniture, multicultural art pieces, and improved walking paths for meditation and relaxation. Our in-house gym also got an upgrade with new equipment to encourage physical health. Also, notably, we welcomed a professional chef who elevated our dining experience with nourishing, farm-to-table meals incorporating produce from our new vegetable beds and eggs from our chickens.

RAISING OUR STANDARDS

With a strong vision for the future, we focused efforts on building a secure foundation with our internal operations. This included standardizing our training for staff, updating our guest/employee/volunteer handbooks, defining protocols and processes, and bringing new support staff on board. This allowed us to level up the efficiency and consistency of our organization so we can focus our energy on helping our residents through their recovery journey.

EXPANDING OUR REACH

After recognizing a need for expansion, TMR partnered with a fundraising consulting firm, Contour Strategies, to determine the next steps for growth. This prompted the launch of our SOAR Campaign to nurture a Spiritual Oasis for Addiction Recovery early last year. Throughout 2023, our executive director Lowell has been sharing this vision with some of our closest supporters and gathering their investment in the sustainability of our recovery approach.

We are so grateful to all of our donors, supporters, and volunteers. Your generous support truly **saves lives.**

"Taylor Made not only saved my life but gave me a new perspective. After going through the steps, I've been able to reunite with my family, forgive my past, and learn to love myself for the first time. They gave me a chance." - Jeremy

Jeremy battled addiction for years, struggling with relapses. Dependency on drugs, including numerous prescriptions from past treatments, led to multiple hospitalizations and overdoses. After an overdose last fall, Jeremy committed to the TMR program, but when the time came for his admission, he chose to go home instead, prompting his wife to ask Lowell (Executive Director at TMR) to check on him. Lowell found Jeremy at his house in agonal breathing (his "death rattle") from another overdose and completely unresponsive. Dialing 911, Lowell was instructed to begin CPR until the medical professionals arrived. After release from the hospital, Jeremy fulfilled his commitment to recovery at Taylor Made Retreat. Now, 70 days later, he's substance-free, reconnected with his family, and running a successful food truck business in Portland. He stands as the first Taylor Made graduate of 2024.



"This place is one of a kind. I am so lucky - I think it was an act of Providence that I came here. There's no place that cares like Taylor Made. They stay involved. It's like a family." - Hanna

Hanna received a DUI, lost her high-profile career at a prestigious investment firm, and lost custody of her daughter within the span of a week. After a near-fatal attempt at ending her life, she entered the Taylor Made Retreat program. Today, she's four years sober, owns her own business, and has regained custody of her beautiful 6-year-old daughter. She now serves on the Taylor Made Board.



"Taylor Made gave me a home, a design for living, and freedom from the bondage of myself. Taylor Made gave me time to figure that out. I smile now. I'm happy." - Nate

Nate was living on the streets of Sacramento, hiding from warrants and estranged from his family and his young son. Prior to Taylor Made, he had been to 24 treatment centers. After a year-long stay, embracing the 12 Steps, he reconciled with his family and transformed his life. Now, Nat has a clean record with no warrants or convictions, a new driver's license, and a renewed life in Portland. To this day he remains a vital part of the Taylor Made Retreat community.



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**SCAN TO
GIVE**

